Ethics & Decision Making Workbook



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This workbook will serve as an introduction to the Ethics and Decision Making (EDM) workshop. The workbook should be completed before arriving to the workshop, so during the workshop you and your peers can continue reflecting these concepts in activities and discussions. Bring the workbook with you to the workshop.

- This workshop is an opportunity to learn different ways of making decisions.
- This workshop is an opportunity to reflect on your own decision-making.
- This workshop is an opportunity to identify and prioritize values.
- This workshop is an opportunity to think about how you could use those values to make decisions in the future.
- This workshop is an opportunity to visualize the person that you want to be and reflect on how
 you can become that person.

Practicing Intentionality

The act of self-awareness without being judgmental.

The act of being in the present moment.

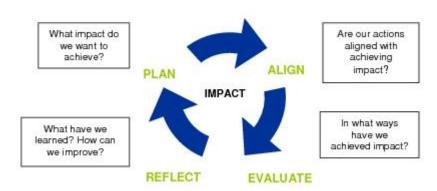
The act of being deliberate or purposeful.

In many cases, we engage in mindless activity, whether it is driving a car, sitting in a lecture, or participating in some illicit behavior (vandalism, theft, fights, or just a mean-spirited comment). Upon reflection, we realize that we were acting without thinking, or being aware of what we were doing. In some cases, this mindlessness is harmless, but in others, it results in our doing something that we regret and is inconsistent of how we think of ourselves and what we want from life.

3 Steps to Living Intentionally

- 1. Evaluating reality clearly, to
- 2. Make effective decisions, that
- 3. Achieve your goals.

CYCLE OF INTENTIONAL PRACTICE



Thinking about the situation that lead you to taking the Ethics and Decision Making workshop, did you perform each step to the cycle of intentional practice?

What step(s) did you forget or skip and why?

How would the incident have changed had you completed the whole cycle?

Definitions

Integrity: Wholeness in the quality of being honest and morally upright.

Ethics: A set of moral principles and patterns of choice that guide behavior.

Morals: Principles that guide the understanding right and wrong.

Values: A set of standards that influence behavior.

These four concepts (values, morals, ethics, and integrity) are building blocks to each other with values as the foundation.

What does Texas A & M University value?

What is the Aggie Honor Code?

What does it mean to you to be a part of a community that has values and an Honor Code like Texas A&M?

What do you value? On the following page select 20 values you deem most important.

wisdom truth profitability curiosity flexibility freedom efficiency perspective friendship commitment initiative influence environment recognition decisiveness communication learning justice honesty quality power control originality hard work courage candor responsiveness competition prosperity authenticity discipline purposefulness excitement creativity diversity respect happiness fairness strength honor order self-control innovation spirituality cleverness obedience adventure success financial growth cooperation stewardship community support humor support effectiveness collaboration equality integrity empathy harmony peace family growth loyalty open-mindedness variety clarity resources productivity security competence autonomy love dependability health intelligence risk-taking trust hope beauty independence excellence persistence patience simplicity sincerity teamwork fun service relationships challenge

influence your values.						
	Laws & Policies: Ex: TAMU Student Rules					
a.		b.	с.			
	Personal Experiences: Ex: Traveling Abroad					
a.		b.	с.			
	Organizations: Ex: Employer					
a.		b.	с.			
	Social Norms: Ex: Geographic Location					
a.		b.	с.			
List th	List the following steps in the correct order for decision making. Implement the best ethical option					
	Evaluate the options					
	Seek additional assistance/advice					
	Choose the best ethical option					
	Define the ethical problem when it arises					
	Monitor and assess the outcome					
	Identify the options					

How do the following categories contribute to values for yourself, peers, communities, and cultures?

List 3 examples for each category. Add a percentage next to each category to represent how much they

Ethical Perspectives Theories

When considering ethical perspectives, there are a few things to keep in mind:

- Don't expect perfection from any ethical perspective. Ethical approaches, like leaders themselves, have their strengths and weaknesses.
- Two well-meaning leaders can use the same ethical theory and reach different conclusions.
- Whenever possible, you should practice ethical pluralism by applying more than one perspective to the same problem.

Ethical Perspectives	Pros	Cons
Utilitarianism : Do the greatest good for the greatest number of people	 Easy to understand Is frequently used Forces us to examine the outcomes of our decisions 	 Is difficult to identify and evaluate consequences May have unanticipated outcomes May result in decision makers reaching different conclusions
Kant's Categorical Imperative: Do what's right no matter the cost	 Promotes persistence and consistency Is highly motivational Demonstrates respect for others 	 Exceptions exist to nearly every "universal law" Actors may have warped consciences Is demonstrated through unrealistic examples Is hard to apply, particularly under stress
Justice as Fairness: Guaranteeing equal rights and opportunities behind the veil of ignorance	 Nurtures both individual freedom and the good of the community Highlights important democratic values and concerns for those less fortunate Encourages leaders to treat followers fairly Provides a useful decision making guide 	 Principles can be applied only to democratic societies Groups disagree about the meaning of justice and fairness Lack of consensus about most important rights
Communitarianism: Shoulder your responsibilities and seek the common good	 Discourages selfish individualism Foster dispersed leadership and ethical dialogue Encourages collaborative leadership strategies Promotes character development 	 Evangelistic fervor of its proponents Promotes one set of values in a pluralistic society May erode individual rights Fails to resolve competing community standards
Altruism: Love your neighbor	 Ancient yet contemporary Important to society and leaders Powerful and inspiring 	 Failure of many who profess to love their neighbor to act as if they do Many different, sometimes conflicting forms

Information within this workbook was gathered from "Meeting the Ethical Challenges of Leadership" by Craig E. Johnson (2009), specifically chapters 5 and 7. Additionally, Randi Korn & Associate's website.

The rest of the workbook will be completed during the workshop. Bring this workbook with you to the workshop.

Value	Value	Value					
Behaviors:	Behaviors:	Behaviors:					
1.	1.	1.					
2.	2.	2.					
Applied Learning:							
1. What is the ethical problem	. What is the ethical problem he is facing?						
2. What are his options?	. What are his options?						
3. What factors should he co	. What factors should he consider in weighing his options to select the best choice?						
4. Who should he seek assist	. Who should he seek assistance/advice from?						
5. What is the most ethical d	6. What is the most ethical decision?						
6. Which ethical perspective	6. Which ethical perspective(s) does this choice represent?						
7. How should he approach i	7. How should he approach implementing the choice?						
8. How should he monitor th	e outcome?						